



Escape to the Pines CPES Camping Program

Financed by the CPES sponsored "Self Determination Fund", three gentlemen from Payson have created a small micro enterprise they do on a part time basis.

With just a single call, they can help with all your camping equipment and travel plans in and around Payson. This service is currently available to all CPES consumers, families, friends and anyone reading this article.

Once you make a reservation, they will meet you in Payson and deliver your supplies. When you're done just drop off the equipment and they will take care of inspection and cleaning.

"We believe it's a win, win situation for everybody involved", explains Rex Matthews from CPES. From the revenue generated, the gentlemen pay themselves and also invest in buying new equipment.

Camping - Hiking - Fishing - Swimming - Site Seeing

Listed below are a few of the many outdoor activities in the Payson area:

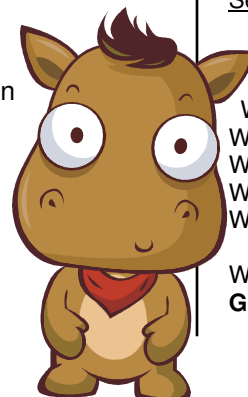
HIKING

Pine Trailhead - 2.1 miles, Difficult, 15 miles North of Payson on SR87

Toilet facilities and large parking area

Hatchery Trailhead - .75 mile, Easy
27 miles east of SR260 on FR289. near Christopher Creek and Tonto Creek Campgrounds

(Continued on page 2)



Update on the Therapeutic Riding Program!

Due to the overwhelming response we've updated the summer schedule to include as many CPES participants as possible. Consumers in CPES services are currently taking advantage of the service at \$75.00 per six week session.

We've received many calls from parents not in CPES. For those families, we are creating a waiting list for sessions beginning in September. We encourage anyone who is interested to call so we can get them on the waiting list. Participants not part of CPES will need to pay the full price for the six week session. Please contact Rex Matthews at 602-431-9511 or Rmatthews@cpes.com for details.

Updated Summer Schedule for Session II and III: (8-10 Participants per group)

Session 2 (95% filled)

Group 1 10 AM & Group 2 at 1 PM

Week 1: Saturday, July 19
Week 2: Sunday, July 20
Week 3: Sunday, July 27
Week 4: Saturday, August 2
Week 5: Sunday, August 3

Week 6: Sunday, August 10
GRADUATION! 1:00 PM

Session 3 (some vacancies)

Group 1 10 AM & Group 2 at 1 PM

Week 1: Saturday, August 16
Week 2: Sunday, August 17
Week 3: Sunday, August 24
Week 4: Saturday, August 30
Week 5: Sunday, August 31

Week 6: Sunday, September 7
GRADUATION! 1:00 PM



CPES Camping Program Cont...

Contact Information

Regional Office

2415 West Huntington Dr.
Suite 103
Tempe AZ 85282

PH 602-431-9511
Fax 602-431-9538

Maricopa County

Service Coordinator
Jon Krueger

For information regarding:

- Trimyr (Mesa)
- Summit (East Mesa)
- Higher Ground (PHX)

602-431-9511 Ext. 284
JKrueger@cpes.com

Service Coordinator
Sandra Toney

For information regarding:

- Art Wise Phoenix
- Art Wise Tempe
- Senior Elite Phoenix
- Senior Elite Mesa

602-431-9511 Ext. 214
SToney@cpes.com

Gila County

Service Coordinator
Brad Waters

For information regarding:

Cedar Lane (Payson)

928-474-2041
BWaters@cpes.com

("Camping Program, Continued from page 1)

Houston Mesa/Goat Camp Ruins Trail - .2-10 miles
Easy - Moderate
East of Hwy 87 on the north side of Payson
Camping available, no facilities.

AREAS TO VISIT

Tonto Natural Bridge State Park
World's largest natural bridge:
183 feet high, 400 ft long tunnel. Hiking trails, Viewpoints and picnic area.

Shoofly Village Ruins
Occupied between 1000 and 1250 AD, picnic area, BBQ facilities and hiking.

CAMPING

Christopher Creek
Developed/Group Area
21 miles east of Payson on Hwy 260. 43 campsites with tables, fire-pits, grills, handicap accessible toilets, drinking water & trash collection. Roads are paved and the creek runs through the campground with cool spots for wading and fishing.

Upper Tonto Creek
Developed
17 miles east of Payson on Hwy 260 to forest road 289. 9 sites with tables, fire pits, grills, drinking waters, vault toilets and garbage collection. Access to creek trails for hiking and fishing on Tonto and Horton Creeks.
Open mid-May through October

Airplane Flat Campground
Minimum Development
40 miles east of Payson off Hwy 260 along the Mogollon Rim with vault toilets available. No water or trash collection. Camping, hiking and fishing. Canyon Creek Fish Hatchery is close by.

Rim Lakes Recreation
Woods Canyon Lake
30 miles East of Payson on Hwy 260 with a visitor center, scenic overlook, exhibits, camping, hiking, and fishing.

Rental of Camping Equipment

(Checks, money order or cash currently accepted)

Gazebo	\$ 8.00
Tent	\$ 7.00
Sleeping Bags	\$ 5.00
Fishing Poles	\$ 2.00
Table	\$ 3.00
Ice Chest	\$ 1.00
Toilets	\$ 2.00
Chairs (4)	\$ 5.00
Camp Stove	\$ 2.00
Dishes & Utensils (Set of 4)	\$ 3.00

Special Group Pricing!

Camping Package
(4 People)
Tent / 4 Bags / Toilet
4 Fishing Poles / Camp Stove, Table & 4 Chairs
Dishes & Utensils

\$10.00/person

To make rental reservations, get more information or to request a free PDF brochure contact:

Brad Waters
Payson, Arizona
Service Coordinator
602-370-7278
BWaters@cpes.com

Art Wise and Senior Elite Now Open

Art Wise, located in downtown Phoenix, right in the middle of the "Arts District", is the only day service in the valley entirely dedicated to the fine arts. It's a very special service created to serve people with disabilities with a desire to be a part of the "Arts Community".

Senior Elite Phoenix also opened their doors in late June. Senior Elite serves people over the age of 50.. To get more information or arrange a visit to either location contact Sandra Toney at 602-461-9511 or email her at Stoney@cpes.com



Independence, Celebration of our Nation Month

We're attempting to keep cool this July!

Lets get our exercise gear and stay out of the heat by doing some **indoor rock climbing!** RSVP required and prices vary depending on the group size. Pizza or sack lunch will be decided by the group.

We will be having a couple of **swim days** this month at either Telephone Pioneer Park or Pecos Park. Both are wheelchair assessible with life guards on duty! Pecos Park also offers a splash pad for those who just want to cool off.

We are planning a group tour of **Superstition Dairy Farm**. Learn about the dairy farm and taste their products fresh from the cow. RSVP required and the cost is \$7.50 per person

We will be going out and **picking fresh fruit** this month and making fruit drinks, pie and ice cream. Maybe even sending some back home.

Bring in those board games as each center will be competing in our **board game extravaganza**. Winners at each location may take on other centers to see who's the best of the best!

We are excited to announce the **"Zoo to You"** Program coming to Higher Ground during the month of July. The Phoenix Zoo will be bringing live animals as part of their program.

Enjoy your favorite ice cream, milkshake and take part in making your own homemade ice cream on **"Ice Cream Day"**. We may even use some of that fresh fruit we just picked.

Come dressed in your favorite hero tee for **"Superhero Day"**. We will be going to one of the many summer superhero movies with a special visit to Atomic Comics for free comic books and a tour of the store.

It may be so hot we can't get out to the garden but we can still make **vegetable container gardens** indoors. Not interested in the garden? How about helping **build the flower boxes?** Let's see who can grow the biggest and best summer vegetables.



Art Wise has some wonderful July events planned for our visitors. Art Wise still has room if you decide you want the fine arts to be your focus.

Let's give back to our community by **volunteering at the local food bank** for a morning, helping package food boxes for those in need.

July 18th marks the date for the **"talent show"** hosted at Trimyr. Everyone with a talent is welcome to perform.

Get your boarding pass and let's blast off at the **"Challenger Space Center"**. The experience is designed to simulate the Space Station. RSVP required and the cost is \$15.00 per person.

Get your thinking caps on

because this month each center will be competing against the other in **"Family Feud"** and **"Deal or No Deal"**.

Ever wonder what it looks like behind the TV camera? We will be taking a group on a **special tour of channel 3 in July!**

On July 25th we'll celebrate Cowboy month with a **Country Western Dance**. Get on those hats and boots and let's dance! Yee Haw!

We will be having watermelon and cherries later in the month. Why you ask? Of course it's time for our **seed spitting contest**. Can anyone beat Jon?

To celebrate Independence Day we are planning a **tour of the State Capitol** as well as learning about the flag and how to properly fold it.

"So you think you can dance" competition is coming this month. Keep practicing as the winners at each center will compete again in August for the State title!

Bring your lunch and enjoy the show! Join us for **"Lunchtime Theater" at the Herberger**. Cost is \$6.00 per person with two shows in July.

It may be too hot outside to fish but let's take a **mini fishing trip** by visiting Bass Pro Shop or Cabella's to test fishing equipment, rock climbing and lunch!

As always each center will be holding their **"Birthday Bash"** celebrating July's birthdays for the month.

*Activities are subject to change, depending on each centers location and/or ability to attend/participate.

Locations

Trimyr

2620 West Broadway Rd.
Unit 1
Mesa, AZ 85202
Broadway Road and 101

PH 480-497-3618
trimyr@cpes.com

Higher Ground

2432 West Peoria
Suite 1261
Phoenix, AZ 85029
Peoria and I-17

PH 602-861-5993
HGround@cpes.com

Summit

8940 East Apache Trail
Mesa, AZ 85207
Apache and Ellsworth

PH 480-354-6262
summit@cpes.com

Art Wise

803 Nth 3rd Street
Phoenix AZ 85004
3rd Street and Roosevelt

PH 602-254-6623
Artwise@cpes.com

Senior Elite

12814 North 28th Drive,
Suite 110
Phoenix, AZ 85029

PH 602-375-4117
seniorelite@cpes.com

Cedar Lane

112 E Cedar Lane
Payson, AZ 85541

PH 928-474-2028
cedarlane@cpes.com



CPES
2415 West Huntington Dr.
Suite 103
Tempe AZ 85282



Also Remember To Visit CPES Online at:
www.cpes.com



Comments, Questions or Concerns?

**Please feel free to
contact:**

Rex Matthews
Associate Director

PH 602-431-9511 ext 286
RMatthews@cpes.com

Don Paterson
Regional Director

PH 602-431-9511 ext 201
DPaterson@cpes.com

Laughlin Overnight Trip

CPES Day Services is sponsoring an over-night trip to Laughlin in August 2008. We will take a Coach America bus on the first day, stay at the Flamingo and returning late the following day.

RSVP's are being accepted during the month of July. CPES will provide staff supervision during the trip. We are limiting this trip to 16 participants and the exact date will be announced in July.

The cost of the trip is \$60.00 per person which includes, room, transportation and one free buffet meal. Participants should also bring spending money for additional meals, snacks and entertainment.

To sign up for the trip or get additional information contact Jon Krueger at 602-431-9511 or JKrueger@cpes.com.

