



Cedar Lane Celebrates 2 Year Anniversary!

CPES is proud to announce that Cedar Lane is celebrating their two year anniversary in October. Our October edition is dedicated to all the people in Payson involved in day and residential services! Brad Waters, Service Coordinator shares more information about Cedar Lane.

Cedar Lane Day Program is nestled in the beautiful Ponderosa Pine forest of Payson and the participants enjoy many activities which include:

- Visiting local artists
- Attending music and theatre performances
- Visiting cultural museums
- Making arts and crafts to coincide with calendar events and holidays
- Involvement in local events and becoming active members of the Payson community
- Working on life skills & work experience training
- And just having fun!

Future projects include volunteer work in the community and learning how a business works. The participants at Cedar Lane enjoy going out in the community and meeting new people so many of this year's events will be 100% community based. For example, the Home Depot in Payson is currently sponsoring a monthly event at their store for all our Cedar Lane participants. They just finished building tool boxes which will be used to keep their tools for future projects. It's this kind of community involvement that helps bring people together.

(Continued on page 2)

CPES Sponsors "Zoo Walk"

CPES Cruisers and CPES PSP are participating in the 2008 Zoo Walk

Did you know that...

- Autism affects 1 in 150 children?
- Autism is a spectrum disorder- people are affected differently?
- Boys are affected 4 times more than girls?
- If treatment begins within the child's first 3 years the better the prognosis will be?
- Not all people with autism don't make eye contact, don't speak, don't show affection or socialize?

Once again this year, CPES has decided to form teams for the 4th Annual Zoo Walk for Autism at the Phoenix Zoo.

The Arizona Zoo Walk is organized by an all-volunteer committee, and **100%** of the proceeds of this fundraiser will go to support autism research at both **Arizona State University** and the **Autism Research Institute** (which funds research across the US, including Arizona).

I hope you will consider joining one of our teams or sponsoring our participation in the 4th Annual Zoo Walk for Autism – any amount is welcome. Please visit our teams, CPES Cruisers or CPES PSP, online at www.zoowalk.org, to learn more, register as a walker and/or to make a credit card donation directly online. Sponsors writing checks can designate their funds to

(Continued on page 2)





Cedar Lane Holiday Party Update!

Contact Information

Regional Office

2415 West Huntington Dr.
Suite 103
Tempe AZ 85282

PH 602-431-9511
Fax 602-431-9538

Maricopa County

Service Coordinator
Jon Krueger

For information regarding:

- Trimyr (Mesa)
- Summit (East Mesa)
- Higher Ground (PHX)

602-431-9511 Ext. 284
JKrueger@cpes.com

Service Coordinator
Sandra Toney

For information regarding:

- Art Wise Phoenix
- Art Wise Tempe
- Senior Elite Phoenix
- Senior Elite Mesa

602-431-9511 Ext. 214
SToney@cpes.com

Gila County

Service Coordinator
Brad Waters

For information regarding:

Cedar Lane (Payson)

928-474-2041
BWaters@cpes.com

("Cedar Lane" continued from page 1)

Under the supervision of Brad Waters, the Payson area encourages as much community integrations as possible.

Brad currently sponsors Karaoke night on Thursdays and consumer night on Wednesdays at his restaurant the Watering Hole. Mr. Waters and his wife provide free drinks and cover charge for both events.

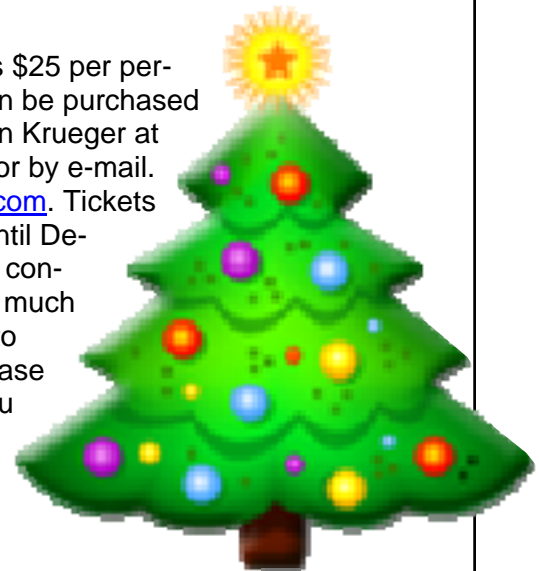
There are so many exciting things happening in Payson and we look forward to sharing more information on our next anniversary!

Cedar Lane Day Program is located at 112 East Cedar Lane, Payson AZ. Contact Therese Fay or Brad Waters at 928-474-2028 or by email at cedar.lane@cpes.com for more information.

We are planning our second annual Holiday party for all CPES consumers and employees. This is a very special event for our consumers and their families. Space is limited and reservations will go fast. We are expecting that 250 people will be attending this year. This is an adults only event.

The Holiday party will be held at Embassy Suites in Tempe on Saturday, December 20th of 2008. It will start at 5:30 pm and can go until midnight. The Hotel will be doing all the decorations and setting up for the party. We will be having a sit down buffet style dinner along with a small awards ceremony and door or raffle prizes. There will be dancing and music which will be provided by a local DJ. We are inviting all consumers, their families and CPES employees.

The ticket cost is \$25 per person. Tickets can be purchased by contacting Jon Krueger at (602) 549-8421 or by e-mail. jkrueger@cpes.com. Tickets will be on sale until December 5th. Our consumers are very much looking forward to this event so please contact Jon if you need any additional information before its **SOLD OUT.**



“Zoo Walk” cont. from page 1

ASU or ARI. Checks should be made payable to ASU Autism Research Program or Autism Research Institute respectively, and donations are tax deductible.

Also keep an eye out for fundraising events over the next few weeks sponsored by participants attending our day services and employees of CPES, such as a car wash and elephant sales.

Zoo Walk is Saturday October 18th, 2008 6:30 AM – 9:00 AM.

Thank you for your support. If you have any questions about Zoo Walk, please do not hesitate to contact Krista Baker at KBaker@cpes.com or call 602-431-9511.



October is National Cookie Month and October Fest!

Join us in downtown Chandler every 1st Wednesday for Art Walk. It's a growing art scene in the historic downtown area of Chandler.

We found something new! The Japanese friendship garden (Ro Ho En) is at Margaret T Hance Park at 1125 N. 3rd Ave in downtown PHX It's on the deck park tunnel. It opens October 1st and the hours are Tuesday - Sunday, 10 - 3. It costs \$5.

We have more than 100 attendees who have RSVP for our next First Friday event. For more information or to RSVP for the monthly event contact KBennett@cpes.com. Friends, family and anybody associated with CPES are welcome to stop by for a free lunch!

CPES will be celebrating random acts of Kindness this month. Keep an eye out for those random acts and make someone smile days. Each location is planning some surprise visits to people in the community to let them know they are appreciated!

October 6th kicks off "fire prevention week" and each location is planning visits from local fire departments or tours of local stations to learn fire safety.

Of course during the month of October we will be touring pumpkin patches, making Halloween cards, carving pumpkins, roasting seeds and making pumpkin pie. All leading up to the big Halloween costume party scheduled on Halloween day being held at Trimyr.

During National Rights Week each location will be spending time reviewing and discussing basic human rights and reviewing article 9 procedures with our participants.

Friday October 10th is Friday at the Farm day with our locations touring a live dairy farm and participating in a hay ride at Superstition Farm, 3440 S. Hawes, Mesa AZ, 85212, 480-986-7781.

The week starting October 13th, CPES is encouraging all our locations to spend time talking about voter registration and the voting process. Some sites are inviting in local party representatives to talk about their candidates and encourage voting.

What better time to take a tour of Mystery Castle? It's one of those special Arizona landmarks and October is a great time to tour this strange location!

As detailed in the "Cedar Lane article", Home Depot is sponsoring craft days monthly at their



stores in Payson. CPES is working with Home Depot to expand the craft days to the valley during the month of October.

Each location is planning a special fall colors tour of Oak Creek Canyon. It's the best time to visit. Outings will include tours of Slide Rock State Park and some clever craft projects involving the leaves and fall colors.

October 17th is State Fair Day. No doubt all of our sites will be attending. Participants should bring enough cash to pay for snacks, games and some rides. It's a fun-filled day at the Fair and consistently voted as one of the best events each year!

Beginning October 20th is "Coffee Week". Take the time to try out a local coffee shop, try something different and kick

back and enjoy the October weather with your friends.

This month each location will be planting house plants in pots and growing them. Participants can pick out their favorite seeds or plants and help them grow through the fall and winter. Each location will also be decorating their pots.

With the changing of the seasons, each location will be creating a poster size collage of photos that represent the changing of the seasons. At the end of the month the poster voted best wins a free pizza party and copies will be made for those interested in having the poster as their own!

Each location will be sponsoring fundraising events for Zoo Walk this year. Friday the 10th, the Tempe SeedBallz Program will be sponsoring a car wash from 10A-1PM with all donations being given to Zoo Walk. If you're interested in getting your car washed stop by 2415 West Huntington Drive, Suite 103, Tempe, AZ 85282.

On October 24th each location will be celebrating October Fest. Each location will also be celebrating Newspaper Week by offering current events discussion groups. Each location is being asked to purchase the local papers and spend time talking about current events and encouraging our participants to read the paper or have someone help them read it. It's a wonderful way to stay up-to-date and become involved in our community.

Just before the Halloween Party each location will be baking and decorating cookies. During the Halloween party, all the cookies will be judged and winners will be announced with prizes awarded.

*Activities are subject to change, depending on each centers location and/or ability to attend/participate.

Locations

Trimyr

2620 West Broadway Rd.
Unit 1
Mesa, AZ 85202

PH 480-497-3618
Tri-myr@cpes.com

Higher Ground

2432 West Peoria
Suite 1261
Phoenix, AZ 85029
Peoria and I-17

PH 602-861-5993
HGround@cpes.com

Summit

8940 East Apache Trail
Mesa, AZ 85207

PH 480-354-6262
summit@cpes.com

Art Wise

803 North 3rd Street
Phoenix, AZ 85004

PH 602-254-6623
Artwise@cpes.com

Senior Elite Phoenix

12814 North 28th Drive,
Suite 110
Phoenix, AZ 85029

PH 602-375-4117
seniorelite@cpes.com

Cedar Lane

112 East Cedar Lane
Payson, AZ 85541

PH 928-474-2028
cedarlane@cpes.com

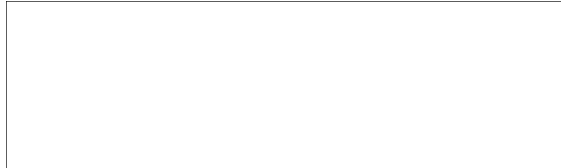
Senior Elite Mesa

745 West Baseline
Mesa, AZ 85210

PH 480-474-2028
seniorelite2@cpes.com



CPES
2415 West Huntington Dr.
Suite 103
Tempe AZ 85282



Also Remember To Visit CPES Online at:
www.cpes.com



Comments, Questions or Concerns?

**Please feel free to
contact:**

Rex Matthews
Associate Director

PH 602-431-9511 ext 286
RMatthews@cpes.com

Don Paterson
Regional Director

PH 602-431-9511 ext 201
DPaterson@cpes.com

Computer Lab Coming To Higher Ground

This October CPES, in conjunction with sponsorship by our IT department, is creating a new computer lab and computer classes at Higher Ground. The Higher Ground computer lab will teach basic computer skills and participants will learn to rebuild and refurbish used computers which will then be donated to people within CPES or to people in the community.

During 2009 the computer lab will expand its class schedule by offering courses that teach the use of the internet, email programs and word processing.

We are looking for your used or broken computer parts, software and monitors. We can arrange for pick up and will take anything. For more information please email Rex Matthews at RMatthews@cpes.com.

